



## Banana Dalgona Coffee

# BANANA DALGONA COFFEE

Entire recipe: 92 calories, 2.5g total fat (0g sat. fat), 92mg sodium, 39.5g carbs, 1g fiber, 8g sugars, 2g protein

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**Prep:** 5 minutes

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### Ingredients

2 tbsp. instant coffee granules  
2 tbsp. [Lakanto Classic or Golden Monkfruit Sweetener](#)  
2 cups ice  
1 cup plant-based banana milk

### Directions

In a large bowl, combine coffee with sweetener. Add 2 tbsp. hot water, and beat with a hand mixer until mixture is very thick & frothy and high peaks have formed, 2–3 minutes.

Fill a tall glass with ice. Add banana milk, and top with the frothy coffee mixture.

**MAKES 1 SERVING**

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