



Cranberry Almond Chicken Salad



Developed by Hungry Girl. Brought to you by [Starkist](#). To find Starkist products near you, [click here](#)!

Entire recipe: 193 calories, 9.5g total fat (1g sat fat), 472mg sodium, 10.5g carbs, 1.5g fiber, 6.5g sugars, 16.5g protein

Green Plan [SmartPoints](#)® value 5*

Blue Plan (Freestyle™) [SmartPoints](#)® value 4*

Purple Plan [SmartPoints](#)® value 4*

Prep: 5 minutes



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Ingredients

1 tbsp. light mayonnaise

1/4 tsp. garlic powder

1/8 tsp. dried dill

One 2.6-oz. pouch [Starkist Premium White Chicken](#)

2 tbsp. finely chopped cucumber

1 tbsp. sweetened dried cranberries, chopped

1/4 oz. (about 1 tbsp.) sliced almonds

Serving suggestions: lettuce cups, low-carb flour tortilla (as a wrap), toasted whole-grain bread

Directions

In a medium bowl, mix mayo, garlic powder, and dill.

Add chicken, cucumber, cranberries, and almonds. Mix thoroughly.

MAKES 1 SERVING

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.