





Frozen Quarantinis



<u>Click here</u> to see Lisa make it on Facebook, and <u>click</u> <u>here</u> to watch it on YouTube!

1/2 of recipe (about 8 oz.): 100 calories, 0g total fat (0g sat. fat), 1mg sodium, 0g carbs, 0g fiber, 0g sugars

Prep: 5 minutes



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Ingredients

1 packet sugar-free powdered drink mix (any kind!) 3 oz. (2 shots) vodka 2 1/2 - 3 cups crushed ice (about 20 - 24 cubes)

Directions

Combine ingredients with 1/2 cup water in a small blender.

Blend until slushy, adding more ice (or a small amount of water) as needed!

MAKES 2 SERVINGS

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