



## Ginormous Fruit Salad Surprise



1/2 of recipe, about 3 cups: 169 calories, 1g total fat (0g sat fat), 95mg sodium, 41.5g carbs, 7g fiber, 29.5g sugars, 2g protein

**Green Plan [SmartPoints](#)® value 1\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 1\***

**Purple Plan [SmartPoints](#)® value 1\***

**Prep:** 15 minutes

**Chill:** 1 hour or more



### Ingredients

1/4 cup freshly squeezed orange juice  
1 tsp. seasoned rice vinegar  
1 tsp. granulated sugar  
2 cups peeled and diced cucumber  
1 cup blueberries  
1 cup diced strawberries  
1 large Fuji apple, chopped  
Optional garnish: fresh mint

### Directions

In a small bowl, combine orange juice, vinegar, and sugar. Stir until blended and set aside.

Place cucumber, blueberries, strawberries, and apple in a large bowl. Top with the orange juice mixture and stir gently to coat.

Cover and refrigerate for at least 1 hour (overnight is best). Stir gently just before serving. Garnish with mint, if using. Enjoy!!!

MAKES 2 SERVINGS

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.