



Great Greek Spaghetti Squash



Developed by Hungry Girl. Brought to you by [Green Giant](#)! For coupons, [click here](#)!

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Entire recipe: 335 calories, 9g total fat (3g sat. fat), 736mg sodium, 26.5g carbs, 5.5g fiber, 12g sugars, 32.5g protein

Prep: 5 minutes **Cook:** 10 minutes



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Ingredients

One 10-oz. bag [Green Giant Veggie Spirals Spaghetti Squash](#)
4 oz. raw boneless skinless chicken breast, cut into bite-sized pieces
2 tbsp. chopped sun-dried tomatoes (bagged, not packed in oil)
1 tbsp. sliced Kalamata or black olives
1 tbsp. light Italian dressing, or more for topping
2 tbsp. crumbled feta cheese

Seasonings

Dash each salt and black pepper
1/4 tsp. oregano (like [the kind by Spice Islands](#))

Directions

Microwave veggie spirals for 6 1/2 minutes, or until thawed and softened.

Meanwhile, bring a large skillet sprayed with nonstick spray to medium-high heat. Add chicken pieces, salt, and pepper. Cook and stir for about 5 minutes, until chicken is cooked through.

Reduce heat to low. Add veggie spirals to the skillet, along with sun-dried tomatoes, olives, dressing, and oregano. Cook and stir until hot and well mixed, about 2 minutes.

Serve topped with feta.

MAKES 1 SERVING

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