



## Mexican Stuffed Potatoes



This recipe can also be found in the Fall 2020 issue of Hungry Girl magazine... [Click for info!](#)

[Click here](#) to see Lisa make it on Facebook, and [click here](#) for YouTube!

1/2 of recipe (1 stuffed potato): 203 calories, 4g total fat (2g sat fat), 409mg sodium, 33.5g carbs, 6g fiber, 4.5g sugars, 11g protein

**Green Plan [SmartPoints](#)® value 6\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 6\***

**Purple Plan [SmartPoints](#)® value 3\***

**Prep:** 10 minutes    **Cook:** 10 minutes

More: [Lunch & Dinner Recipes](#), [Vegetarian Recipes](#), [30 Minutes or Less](#)

### Ingredients

Two 8-oz. (medium) russet potatoes  
1/2 cup frozen meatless crumbles  
1 tbsp. taco seasoning  
3 tbsp. light sour cream  
2 tbsp. shredded reduced-fat Mexican-style cheese  
2 tbsp. chopped tomatoes  
1 tbsp. chopped scallions

### Directions

Pierce potatoes several times with a fork. Microwave for 5 minutes, or until soft.

In a microwave-safe bowl, microwave crumbles for 1 minute, or until thawed. Add taco seasoning, and mix well.

Slice off a long 2-inch wide strip of potato skin from the top of each potato. Carefully scoop out the insides. Discard half of the potato pulp (or reserve for another use).

Add remaining pulp to the bowl of crumbles, along with 1 tbsp. sour cream. Mix well. Scoop mixture into the potatoes, and top with cheese. Microwave for 1 minute, or until hot.

Top with tomatoes, remaining 2 tbsp. sour cream, and scallions.

MAKES 2 SERVINGS

**HG Alternative:** Replace the meatless crumbles with 3 oz. extra-lean ground beef or poultry.

**SmartPoints**® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.