



Ooey-Goey Chili Cheese Nachos



1/6th of recipe (about 17 loaded chips): 234 calories, 5g total fat (1g sat fat), 897mg sodium, 34g carbs, 4.5g fiber, 4g sugars, 11g protein

Green Plan [SmartPoints](#)® value 7*

Blue Plan (Freestyle™) [SmartPoints](#)® value 6*

Prep: 10 minutes **Cook:** 10 minutes



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

1/2 cup light plain soymilk
4 slices fat-free cheddar or American cheese
4 wedges The Laughing Cow Light Creamy Swiss cheese
One 7-oz. bag baked tortilla chips
1 cup low-fat turkey or veggie chili
3/4 cup salsa
2 tbsp. fat-free sour cream

Directions

Pour soymilk into a small nonstick pot. Add cheese slices and wedges, breaking them into pieces. Bring to medium-low heat. Cook and stir until sauce is hot and uniform, 5 to 8 minutes.

Microwave chips in a large microwave-safe bowl for 1 minute, or until warm. Spread them out on a large platter.

In a medium microwave-safe bowl, microwave chili for 1 minute, or until hot.

Pour cheese sauce over the chips. Top with chili, salsa, and sour cream. Time for nachos!

MAKES 6 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.