



## Sippable Blueberry Cobbler



Entire recipe (about 18 oz.): 178 calories, 4g total fat (<0.5g sat fat), 203mg sodium, 28g carbs, 5g fiber, 13g sugars, 8.5g protein

**Green Plan [SmartPoints](#)® value 6\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 6\***

**Prep:** 5 minutes



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [Single Serving](#), [30 Minutes or Less](#)

### Ingredients

- 1 cup unsweetened vanilla almond milk
- 3/4 cup frozen blueberries (no sugar added)
- 1/4 cup fat-free plain Greek yogurt
- 2 tbsp. old-fashioned oats
- 2 packets no-calorie sweetener (like Truvia)
- 1 tsp. lemon juice
- 1/4 tsp. cinnamon
- 1/8 tsp. nutmeg
- 1/8 tsp. vanilla extract
- 1/2 cup crushed ice (about 3 ice cubes)

### Directions

Place all ingredients in a blender, and blend at high speed until smooth, stopping and stirring if needed.

**MAKES 1 SERVING**

**SmartPoints**® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.