



## Sparkling Spiced Apple Sangria



1/10th of recipe (about 1 cup): 133 calories, 0g total fat (0g sat fat), 15mg sodium, 13g carbs, 1g fiber, 11.5g sugars, 0g protein

**Green Plan [SmartPoints](#)® value 5\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 5\***

**Purple Plan [SmartPoints](#)® value 5\***

**Prep:** 10 minutes

**Chill:** 4 hours



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Holiday Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [Four or More Servings](#)

### Ingredients

3 cups thinly sliced and halved Fuji or Gala apples (about 3 apples)  
2 cups light apple juice drink (like the kind by Trop50 or Mott's), chilled  
1 cup cinnamon-flavored whiskey (like the kind by Fireball)  
One 750-ml. bottle dry sparkling white wine, chilled  
2 cups club soda, chilled  
Optional garnish: cinnamon sticks

### Directions

Place apples in a very large pitcher or serving bowl (at least 2-quart capacity). Add apple juice drink and whiskey, and gently stir.

Cover and refrigerate for at least 4 hours. (The longer it sits, the more flavorful it gets!)

Just before serving, add sparkling white wine and club soda, and gently stir.

**MAKES 10 SERVINGS**

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

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